

The Original Artist



The word **LOVE** is used a lot in our society.

Businesses advertise a wide variety of products promising "You will love it." Some languages have 2 different forms of the word LOVE - when it is used to describe feelings for things and feelings for people. But not English. The word LOVE is overused and not well-defined.



All religions mention LOVE & encourage us to practice it. The Abrahamic faiths - Judaism, Christianity & Islam - state that loving God & loving your neighbor as yourself are core commandments. Zoroastrians teach that everything was created pure; nature should be treated with love & respect. Hinduism teaches that love is everywhere & is God. The Veda states that service is proof of love. Buddhism encourages people to treat one another with kindness, inflicting pain on no one. Bahai's strive to put the needs of others before their own, teaching that love is the power that binds the world together. Unificationists state that the world needs a revolution of heart from selfishness to unselfishness; each person must initiate that revolution within. Sikhism teaches; where there is love, nothing is impossible.



Every religion can offer insights on LOVE - like a multi-faceted diamond.

• Thich Nhat Hanh, a Zen Buddhist monk:

The essence of loving kindness is being able to offer happiness. You can be the sunshine for another person. You can't offer happiness until you have it for yourself. So... learn to accept yourself... love and heal yourself...



• Rumi, a 12th century Sufi poet (Islam): Your heart is the size of the ocean. Go find yourself in its hidden depths.

• Bible, 1 Corinthians 13:4-5 describes LOVE in detail: Love is patient... kind... does not envy... is not proud...

