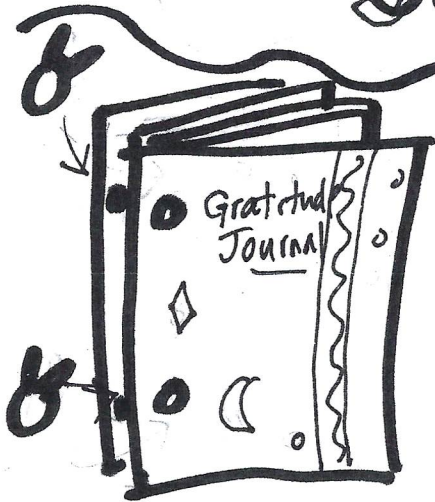


# ART KIT #4

# GRATITUDE JOURNAL

Kit includes:  
2 cardstock  
paper  
2 fasteners  
ribbon, sequins, gems  
need: glue



● put white paper between 2 color cardstock & use gold fasteners to keep together.

★ You can add more paper when needed

- Write "GRATITUDE JOURNAL" on front and
- decorate with glue, ribbon, sequins & gems - and illustrations - as you like 😊

**EVERY** day write at least 3 things you are grateful for.

Examples:

- 1) air
- 2) lungs
- 3) trees to clean air

- and
- 1) the delicious breakfast Mom made
  - 2) my brother playing catch with me
  - 3) Daddy tickling me
  - 4) birds singing

The family is the School of LOVE