

ART  
KIT  
# 14

# Stencils & Zentangle

You will need:  
Scissors &  
marker.

from Rhonda Williams - ARTBECAUSE.com  
& WOMEN'S FEDERATION for WORLD PEACE (WFWP.org)  
Please send photos of your work & comments to:  
#ARTBECAUSE LLC  
Have FUN!

- If you cut out the 2 animals (on cardstock) you can use them again and again as a stencil. OR you can draw your own shapes.

- Fill in your variety of designs.



shapes with a

Zentangle is an art form that calms the mind and reduces stress, say its founders.

LOOK ALL AROUND YOU!  
FOR DESIGN IDEAS ...  
including NATURE.

• Everyone is an artist. We are creating ourselves

each day.  
May you all create a Masterpiece!